

## Oefening 1

- 38 dam = ..... m
- 16 km = ..... hm
- 64 km = ..... hm
- 12 km = ..... hm
- 85 km = ..... hm
- 99 hm = ..... m
- 43 hm = ..... dam
- 18 km = ..... hm
- 29 hm = ..... dam
- 86 hm = ..... dam

## Oefening 2

- 36 km = ..... dam
- 14 km = ..... dam
- 57 hm = ..... dam
- 71 km = ..... m
- 58 km = ..... dm
- 35 km = ..... hm
- 81 km = ..... dam
- 65 hm = ..... dam
- 62 km = ..... dam
- 67 dam = ..... m

## Oefening 3

- 74 km = ..... m
- 62 km = ..... dam
- 24 hm = ..... dam
- 85 km = ..... m
- 34 hm = ..... dam
- 74 hm = ..... dam
- 89 dam = ..... m
- 12 km = ..... hm
- 31 km = ..... hm
- 72 dam = ..... dm

## Oefening 4

- 69 km = ..... dm
- 18 km = ..... dam
- 63 km = ..... hm
- 15 hm = ..... dam
- 49 dam = ..... m
- 76 km = ..... dam
- 45 km = ..... dam
- 63 km = ..... hm
- 49 km = ..... hm
- 88 dam = ..... m

## Oefening 1

- 38 dam = **380** m
- 16 km = **160** hm
- 64 km = **640** hm
- 12 km = **120** hm
- 85 km = **850** hm
- 99 hm = **9.900** m
- 43 hm = **430** dam
- 18 km = **180** hm
- 29 hm = **290** dam
- 86 hm = **860** dam

## Oefening 2

- 36 km = **3.600** dam
- 14 km = **1.400** dam
- 57 hm = **570** dam
- 71 km = **71.000** m
- 58 km = **580.000** dm
- 35 km = **350** hm
- 81 km = **8.100** dam
- 65 hm = **650** dam
- 62 km = **6.200** dam
- 67 dam = **670** m

## Oefening 3

- 74 km = **74.000** m
- 62 km = **6.200** dam
- 24 hm = **240** dam
- 85 km = **85.000** m
- 34 hm = **340** dam
- 74 hm = **740** dam
- 89 dam = **890** m
- 12 km = **120** hm
- 31 km = **310** hm
- 72 dam = **7.200** dm

## Oefening 4

- 69 km = **690.000** dm
- 18 km = **1.800** dam
- 63 km = **630** hm
- 15 hm = **150** dam
- 49 dam = **490** m
- 76 km = **7.600** dam
- 45 km = **4.500** dam
- 63 km = **630** hm
- 49 km = **490** hm
- 88 dam = **880** m